

CYPE(06)-02-21 - Papur i'w nodi 11

Dear Members of the CYPE Committee,

Please could I table the below for the committee's consideration at your earliest convenience. The Families First programme has provided great benefit to the children and families of Wales. In some areas there has been a move towards integrated work between the FF programme and CYP mental health services. Thus bringing together health and early intervention approaches within the FF service framework. Strengthening the capacity of these approaches further.

Firstly we would like to make you aware of this work and also share with you the following supporting information for this approach. Both Psychologists for Social Change Cymru and the British Psychological society have called for integrated psychological (or mental health) and poverty approaches given the integrated nature of these issues. Below is the 1) PSC Cymru manifesto, 2) BPS manifesto, 3) a model for building community resilience and wellbeing, 4) a paper on the social determinants of MH and 5) an article about Gwent Community Psychology (partnering with FF).

1 [Elections 2021 \(psychchange.org\)](https://psychchange.org)

2 [Briefing paper: from poverty to flourishing - foundations for the best start in life | BPS](#)

3 [Building Resilience and Community Wellbeing \(psychchange.org\)](https://psychchange.org)

4 <https://pubmed.ncbi.nlm.nih.gov/29852822/> (SDMH)

5 <https://thepsychologist.bps.org.uk/volume-33/october-2020/poverty-flourishing-towards-2021>

Many thanks for your time and consideration in these issues.

Yours faithfully,

Dr Jen Daffin, Chair PSC Cymru